

VACCINES

WHAT'S NEW? WHAT CAN WE DO?

It is speculated that many childhood illnesses across the country are due to the intense vaccine schedule that children are required to receive. The correlation may be due to the vaccine itself or the health of the individual child when receiving the injection.

1. Over 100 vaccine antigens and chemicals are injected in children by the age of five.
2. Educational materials are available concerning your rights when it comes to choosing whether or not to vaccinate your child.
3. It is important to understand when there is good cause for staggering or delaying vaccines. For example:
 - a. If a child is recovering from an illness, it is best to wait until they have been well for a few weeks. This will also allow enough time to prepare your child's immune system for the vaccine(s) by following a pre and post supportive protocol.
 - b. If your child was born with respiratory or immune issues, delaying the first vaccines should be considered.
 - c. If a sibling experienced any negative side effects from vaccines, then it is even more important to use caution and prepare your other children before getting their vaccine.
4. Veterinarians across the country are starting to use serum antibody tests to decide if an animal needs revaccination. This test is available through a medical doctor or can be ordered through www.DirectLabs.com. It is an ideal test for the following:
 - a. You would like to know if your child has obtained natural immunity through illness or natural exposure.
 - b. You would like to establish immunity before consenting to vaccine boosters.
 - c. You would prefer to tailor a vaccine to the size of the child.
 - d. You would like to determine if a vaccine "worked".
5. There are excellent nutritional supplements and herbs to use before and/or after your child receives a vaccination. Please see your practitioner for more information.

Research in immunology has shown that children who have several childhood illnesses by the age of five have a more developed immune system as adults. So it's important to not discount the strength of acquired immunity. Studies are now showing that the decline in children with chicken pox has resulted in an increase of the shingles virus in the elderly. The implications of vaccinations can be far-reaching and deserves far more discussion.

5 Tenpenny D.O., Sherri J. (2004) *Vaccines: The Risks, the Benefits, the Choices, a Resource Guide for Parents*, <http://www.saingnotovaccines.blogspot> (2006)